

**DETOXAMIN  
SUPPOSITORIES  
USAGE INSTRUCTIONS**

# **Detoxamin® Is The SMART Way To Help The Body.**

**REMOVE** the Detoxamin Suppository from the plastic shell by pulling apart the flaps on one end, the suppository will reveal itself. Moisten Detoxamin with a few drops of water and insert the flat end first into the rectum, just past the sphincter muscle.

**WAIT** at least 3 hours after eating before using.



**USE Detoxamin just before bedtime.** Eating early in the evening is recommended, wait at least 3 hours after eating before taking. Use along with a good multi-vitamin, multi mineral supplement. We recommend using our own **Health Genesis**, it's specially formulated to use along with Detoxamin. Use the restroom prior to using, and be sure your hands are clean.

**TAKE vitamins and minerals each day.**

**TAKE** your multi vitamin supplements each day you are taking Detoxamin, except on the nights you are using Detoxamin. Taking your supplements earlier in the day on those nights will help separate your supplements and Detoxamin. Avoid using clays or charcoals while using Detoxamin. Drink plenty of water.

**STORE** in a dry cool place, do not freeze.



Detoxamin suppositories remain solid below 76°F, so keep them in a cool place to prevent melting. If necessary, any broken or bubbled suppositories can be melted and reformed in the fridge. If soft, we suggest placing the Detoxamin suppository in the refrigerator for about 10 minutes before use, to firm up the suppository before usage.